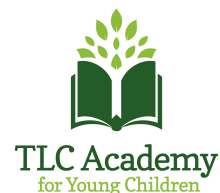


# TLC Times



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## Outside Food

TLC Academy has worked very hard in the last few months to prepare an even more balanced menu each month. Ms. Monica has done a wonderful job of cooking and baking from scratch. Most items are made fresh daily to limit over processed items. We buy frozen vegetables and buy as much fresh fruit as our budget allows. We do ask that you limit the amount of outside food you are sending into the center. Please talk with your child's teacher to see how your child's food intake is each day. Much of the extra food that is being sent in is being wasted and it can cause conflicts between children because, of course, they "want" what is not theirs! If your child has a dietary need we will of course accommodate your child's needs in every way possible. Please make sure your child's teacher and the office know of these specific dietary needs!

## Spotlight Teacher

Miss Carol is our spotlight teacher this month. Carol is our Young Explorer teacher and is a valuable asset to TLC. She does a great job changing the environment to give the children new experiences to foster their emotional and physical development. She is always willing to go above and beyond for TLC to better the experience for the children and for the center as a whole. The love and attention she gives to the Young Explorers is exactly what our little ones need!

## Relay for Life

TLC Academy is sponsoring the Kids Walk & Parade at this year's Relay for Life here in Hudson. Please see the form being sent home with this newsletter for more information on how to support a good cause and get involved as a family!

## Staff Changes

Tierney Zlacki has joined the TLC staff. She is a senior at KSU studying Sociology with a minor in Human Development & Family Studies. She is an assistant in our preschool classroom. You will also see her visiting in the toddler room during some evening hours!

Miss Ruth has decided to leave TLC mid April to be closer to family in Seattle. We have enjoyed having Miss Ruth with us and will miss her. Be sure to stop by and wish her well on her new adventure.

Miss Nancy has moved from our Preschool room to fill Miss Ruth's spot in our Toddler Room. She enjoys working with our younger students and Miss Jennifer.

## Warmer Weather

With warmer weather comes lots more outdoor play. We ask the children wear appropriate footwear. While Crocs are cute they are not practical and we see many more injuries with this choice. Proper fitting shoes allow our children to enjoy their outside time.

## MARK YOUR CALENDARS!

April 4 - Soccer Shots Demo 9:30 - Ages 3 and up  
Upcoming Art Show - May 16 - details to follow

## April Birthdays

Kim Russ - 4  
Monica Brown - 25  
Katie Shuber - 25

